

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN CHOICE	Jumbo pork sausage hot dogs with fried onions	Chicken wraps with spicy tomato salsa	Roast beef Yorkshire pudding with gravy	Homemade chicken tikka masala & rice	Fish with mushy peas & tartar sauce
SNACK CHOICE	Chicken Nuggets	Pasta Bake	Pasty	Roasted vegetable Pasta	Sausages
VEGETARIAN CHOICE	Vegetable nuggets	Vegetable wraps with spicy tomato salsa	Vegetable Pasty	Stuffed mushrooms & peppers	Vegetable nuggets
SALAD CHOICE	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins
CARBOHYDRATES	Wedges Jacket potato	Potato wedges Jacket potato	Roast potatoes Creamy mash potato	Croquette potatoes Jacket potato	Chips Jacket potato
VEGETABLES	Sweet corn Garden peas Baked beans	Green beans Sweet corn	Cauliflower & broccoli florets	Green cabbage Baton carrots	Garden peas Baked beans
HOT PUDDING	Chocolate sponge with custard or ice cream	Jam & coconut sponge with custard or ice cream	Apple crumble with custard or ice cream	Pineapple upside down cake with custard or ice cream	Apple & blackberry pie & custard
COLD PUDDING	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN CHOICE	Seasoned chicken fillet in a salad filled bun	Wraps	Roast pork Apple sauce Gravy	Homemade chicken korma & rice	Pizza
SNACK CHOICE	Sausage	Lasagne with garlic bread	Pasty	Southern fried chicken drumstick	Jumbo sausage & onions
VEGETARIAN CHOICE	Cheese topped vegetable burger in a salad filled bun	Wrap	Vegetable Pasty	Stuffed Mushroom	Vegetarian Pizza
SALAD CHOICE	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins
CARBOHYDRATES	Potato wedges Jacket potato	Boiled potatoes Jacket potato	Roast potatoes Boiled potatoes	Croquette potatoes Jackets	Chips Jacket potato
VEGETABLES	Spaghetti hoops Garden peas	Green beans Sweetcorn	Cabbage Parsnips	Swede and carrots mash Beans	Peas Beans
HOT PUDDING	Cherry sponge & custard	Syrup sponge & custard	Bakewell sponge tart & custard	Strawberry sponge & custard	Coconut & jam sponge & custard
COLD PUDDING	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN CHOICE	Beef burger with salad in a bap	Chilli con carne & rice with minted yoghurt	Roast Turkey Sage & onion stuffing with gravy	Rich Italian pasta bolognaise	Toad in the hole onion gravy
SNACK CHOICE	Jumbo hot dog with onions	Spicy filled wraps	Cornish pasty	Cheese & bacon melts baguette	Fish fingers with parsley sauce
VEGETARIAN CHOICE	Vegetable burger with salad in a bap	Veg Wraps	Vegetable Pasty	Vegetable lasagne & garlic bread	Stuffed mushrooms & peppers
SALAD CHOICE	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins	A selection of fresh salad items & proteins
CARBOHYDRATES	Spicy wedges Jacket potato	Poached rice Jacket potato	Boiled potatoes Roast potatoes	Croquette potatoes Jacket potato	Jackets Chips
VEGETABLES	Sweet corn Baked beans	Green beans Cauliflower	Carrots Cabbage	Broccoli Beans	Peas Mixed vegetable
HOT PUDDING	Jam sponge with custard or ice cream	Syrup sponge with custard or ice cream	Fruit crumble with custard or ice cream	Strawberry sponge with custard or ice cream	Chocolate sponge & chocolate custard
COLD PUDDING	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes	Daily cooks choice selection of flapjack, shortbread, fruit, yogurt, ice cream, mousse, jelly, cheese & biscuits & cakes